

Morning Prayer

O my God, you love me. You're with me night and day.

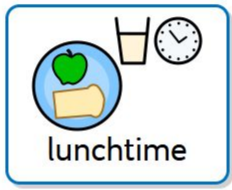
I want to love you always in all I do and say.

I'll try to please you, Father.

Bless me through the day

Amen



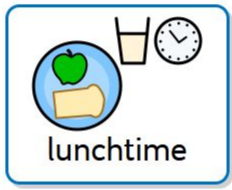


Lunchtime Prayer

Bless us, O God, as we sit together. Bless the food we each
today.

Bless the hands that made the food. Bless us, O God
Amen





After Lunch Prayer

Thank you God for the food we have eaten,

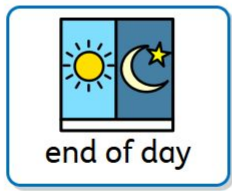
Thank you God for all our friends,

Thank you God for everything,

Thank you God

Amen





Home time Prayer

God our Father, I come to say thank you for your love today.
Thank you for my family, and all the friends you give to me.
Guard me in the dark of night,
and in the morning send your light
Amen





Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.





Our Father - The Lord's Prayer

Our Father, Who art in heaven,

Hallowed be Thy Name.

Thy Kingdom come.

Thy Will be done,

on earth as it is in Heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.





Glory Be

Glory Be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.





Act of Sorrow

O my God, I thank you for loving me
I am sorry for all my sins
For not loving others
and not loving you
Help me to live like Jesus
and not sin again

Amen





Act of Contrition

O my God, because you are so good. I am very sorry that I have sinned against you and by the help of your grace. I will not sin again.

Amen





Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.

Amen





Lord make me a messenger

Lord, make me a messenger of your love

Where people hate, let ME bring LOVE

Where people are sad, help ME bring JOY

Where people are hurt, let ME bring COMFORT

Where people are lonely, help ME bring FRIENDSHIP

Help me be the kind of neighbour who HELPS EVERYONE -
even those who don't help me

Amen





Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.

Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
and ever rejoice in his consolation.

Through Christ our Lord. Amen.



Prayer of Saint Richard of Chichester



Thanks be to thee, my Lord Jesus Christ,
for all the benefits thou hast given me,
for all the pains and insults thou hast borne for me.
O most merciful redeemer, friend and brother,
may I know thee more clearly,
love thee more dearly,
and follow thee more nearly, day by day.
Amen.



Prayer of Saint Francis



Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life."

