

Frozen berry yoghurt ice cream

Ingredients

Serves 2

- 250g of frozen mixed berries
- 250g Greek yoghurt, 5% or 0% fat
- 1 tbsp honey

Method

1. Blend berries, yoghurt and honey in a food processor for 20 seconds until it comes together in a smooth texture.
2. Scoop and serve with more fruit!

Beezee top tip:

You can use any fruit you fancy to make this! Mango, banana, berries, pineapple. Mix it up! Swap raspberries for strawberries or sliced banana for an even sweeter taste.

