

Morning Prayer

O my God, you love me. You're with me night and day.

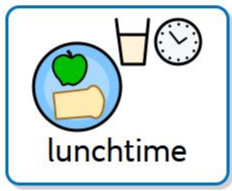
I want to love you always in all I do and say.

I'll try to please you, Father.

Bless me through the day

Amen



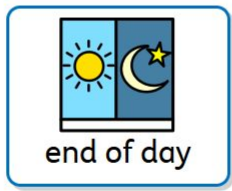


Lunchtime Prayer

Bless us, O God, as we sit together. Bless the food we each
today.

Bless the hands that made the food. Bless us, O God
Amen





Home time Prayer

God our Father, I come to say thank you for your love today.
Thank you for my family, and all the friends you give to me.
Guard me in the dark of night,
and in the morning send your light
Amen





Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.





Our Father - The Lord's Prayer

Our Father, Who art in heaven,

Hallowed be Thy Name.

Thy Kingdom come.

Thy Will be done,

on earth as it is in Heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.





Glory Be

Glory Be to the Father,
and to the Son,
and to the Holy Spirit.

As it was in the beginning,
is now, and ever shall be,
world without end.





Act of Sorrow

O my God, because you are so good,

I am very sorry that I have sinned against you

and by the help of your grace I will try not to sin again

Amen





Lord make me a messenger

Lord, make me a messenger of your love

Where people hate, let ME bring LOVE

Where people are sad, help ME bring JOY

Where people are hurt, let ME bring COMFORT

Where people are lonely, help ME bring FRIENDSHIP

Help me be the kind of neighbour who HELPS EVERYONE -
even those who don't help me

Amen

